

**Beeson Cosmetic Surgery**  
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**VALIUM**  
(Brand Name)

- Generic Name:** Benzodiazepines
- Purpose:** This medicine is used to relieve nervousness or tension and to treat insomnia. It may also be used to relax muscles or relieve muscles spasm and to treat panic disorders and certain convulsive disorders, such as epilepsy.
- Usage:** Take this medicine only as directed by Dr. Beeson. Do not take more of it, do not take it more often, and do not take it for a longer time than Dr. Beeson ordered. If too much is ordered, it may become habit-forming.
- Precautions:** This medicine will add to the effects of alcohol and other depressants (medicines that slow down the nervous system). Check with your doctor before taking any such depressants while you are taking this medicine. Make sure you know how you react to this medicine before you drive, use machines, or do jobs that require you to be alert.
- Possible Side Effects:** Common side effects, that may go away during treatment include clumsiness or unsteadiness; dizziness or lightheadedness; drowsiness; slurred speech. Other less common side effects include behavior problems; confusion or mental depression; hallucinations, memory problems, muscle weakness and sore throat, fever or chills. If you experience any of these side effects, contact Dr. Beeson.